

“JOURNEY OF SELF DISCOVERY”



EFT- EMOTIONAL FREEDOM TECHNIQUE!

WITH RUTH EEDY-INTERNATIONAL FACILITATOR!

SUNDAY 12TH OCTOBER, 2008

EFT is a new discovery that has provided thousands of people with relief from pain, diseases & emotional issues.

Simply stated, it is a unique version of acupuncture except you don't use needles. Instead, you stimulate well established energy meridian points on your body by tapping on them with your fingertips.

The process is easy to memorize & is portable so you can do it anywhere. It launches off the EFT Discovery Statement which says; *“The cause of all negative emotions is a disruption in the body's energy system.”*

And because our physical pains & diseases are so obviously connected with our emotions the following statement has also proven to be true... *“Our unresolved negative emotions are major contributors to most physical pains & diseases.”*

This common sense approach draws its power from:

- (1) Time-honoured Eastern discoveries that have been around for over 5,000 years and
- (2) Albert Einstein, who told us back in the 1920's that everything (including our bodies) is composed of energy.

These ideas have been largely ignored by Western Healing Practices & that is why EFT OFTEN WORKS WHERE NOTHING ELSE WILL. It's not that EFT is so stunning (although it may certainly appear that way to you). Rather, it is because conventional healing methods have simply overlooked the obvious. You will see that clearly as you allow EFT to bring freedom into your life where you thought none was possible...

EFT - EMOTIONAL FREEDOM TECHNIQUE COMBINED WITH AURA LIGHT BOTTLES TO BRING ABOUT BALANCE & HARMONY PLUS VARIOUS OTHER TECHNIQUES such as FAR MEMORY RECALL, CREATIVE VISUALISATION, AFFIRMATIONS , WRITTEN WORDS OF LAWS OF ATTRACTION, WILL BE USED BY RUTH TO HELP YOU UNLEASH YOUR HIDDEN POTENTIAL FOR CREATING A JOURNEY OF SELF DISCOVERY...

DATE: SUNDAY 12TH OCTOBER, 2008
TIME: 10 A.M. TO 5 P.M.
VENUE: PULAU MACAN, INDONESIA
PRICE: \$150 (includes pen/paper, refreshments)

BOOKINGS: PHONE: RODERICK ON (21) 765 8010

DON'T MISS OUT ! BOOK NOW!
www.rutheedy.com

Ruth Eedy is a Money n You graduate from the early nineties in Brisbane, Australia. Ruth has been researching and training in her own personal growth for almost 35 years. This has included psychotherapy, regression, meditation, communication and awareness, stress management and relaxation, yoga, Gestalt, encounter, psychosynthesis, 14 different types of massage, Bach Flower Remedies, reflexology, pendulum diagnosing, colour therapy, aromatherapy, Tai Chi, Aura Soma, crystal healing, Aura-Light, Reiki, Australian Bush Flower Remedies. Ruth lives on a tropical island, and is currently writing a book on her work and her life's experiences...